



AMY KITCHENER'S  
**ANGELS WITHOUT WINGS FDN.**  
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# THE DIPLOEMAT

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**News Letter**

June 2012

of the World's most unique Literary Society  
 where we turn Scribblers into Scribes and Meeting the Muse is a way of life

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2012 White Buffalo Native American



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*Poetry Should be Fun*

## What comes next?

## To be or not to be future Senior Poets Laureate Contests?

The same questions arise every year, and my comment at the conclusion of each Senior Poets Laureate contest has been: *does anybody want to get involved and help perpetuate the event? Do you have ideas about how to keep SPL going? Anyone wish to comment? Contest deadline is 6/30!!*

We had no idea back in 1993, when editor Vera-Jane Goodin Schultz and I gave the first such contest in *Senior Pages Newspapers* as a regional event in the Ozarks, it would sweep across the nation and spread around the world. This 20<sup>th</sup> annual national contest deadline is June 30. Al Baker and I are phasing back, but SPL is not over yet! Let's just say it is changing. I am now tap dancing in a group of seniors known as The Hometown Hoofers in Pacific Grove, California. And I am writing books. Al will still post the names of all winners, and the National Senior Poet Laureate and National Senior Poet Laureate Runner-up poems and biographical sketches, on our website at [www.amykitchenerfdn.org](http://www.amykitchenerfdn.org), but there is a major change in how *Golden Words* anthology will be handled. Instead of Al's online edition with all the winners displayed for viewing, Barbara Callahan Quin and I will co-edit, and her Great Spirit Publishing will produce *Golden Words*. See details in the September 2012 edition of *The Diploemat*.

As I write, I just learned Ray Bradbury died at 91 in Beverly Hills. The words he once told me are now shared with you: *There is one among you who will succeed as a writer. You know who you are! Write as if you are a cat. Get those hairballs out!!*

Thanks, and may the muse be with you.

**Wanda Sue Parrott, Editor**



**Last chance to enter**

**2012 SENIOR POETS LAUREATE CONTEST**

Rules on Page 4 or large-type version at [www.amykitchenerfdn.org](http://www.amykitchenerfdn.org)

## White Buffalo Native American Poet Laureate Contest DREAM CATCHER LITERARY CHALLENGE NEWS

The extended deadline for submissions in the 2012 Dream Catcher Literary Challenge was May 30. Thanks to all who participated. A beautiful copy of Volume III, *Gifts of the Great Spirit* containing winners of the 2012 White Buffalo Native American Poet Laureate Contest and selections from the Dream Catcher Challenge will be published around September. The following invitation was issued by publisher Barbara Callahan Quin (Little Crow Walking Eagle). If you missed the challenge, but would like to participate in personal Dream Catcher Meditation, see the invitation under the book cover at the right. Contact Barbara by e-mail at [bquin@gmail.com](mailto:bquin@gmail.com)

### What's Your Dream?

Join a growing tradition honoring the Great Spirit – be inspired by the Spirit of the White Buffalo in this unique collection of inspired writings! Traditionally, the dream catcher has been a Native American symbol for safety and protection. The dream catcher is a beautiful and artistic ornament featuring a circle, intricate webbing, and leather or feathers hanging from the circle. . . The Dream Catcher was placed above one's bed and legend says the webbing would catch the bad dreams and not allow them to disturb the dreamer. . . . Because we want to focus on positive, spiritual, and inspiring attributes of the Great Spirit, we challenge you to look at the dream catcher in a new light. . . as the desire of the Great Spirit that everyone enjoys the dreams of their hearts; the sincere desires of the heart were put there by the Great Spirit, and when those desires are fulfilled and experienced and expressed, it is the same thing as the Will of the Great Spirit being expressed.

We invite you to come on a new journey, one where you explore the dreams of your heart and what they could be, what it would be like if they came true, and possibly identifying for the first time desires long kept hidden within the deepest recesses of your heart (and send your written impressions for us to consider for future publication).

Additionally, the winners in the 2012 White Buffalo Native American Poet Laureate poetry competition will be featured, including the 2012 Native American Poet Laureate Neal "Badger Bob White" Whitman, Buffalo Calf Award winners Dr. Charles A. Stone and Cindy Bechtold and other online award winners.

*Aho!*

**Barbara Callahan Quin (Little Crow Walking Eagle)**



PERFORM A FREE WHITE BUFFALO TRIBE SPIRITUAL  
SWEAT LODGE MEDITATION



<http://amykitchenerfdn.org/june2012/dreamc.html>

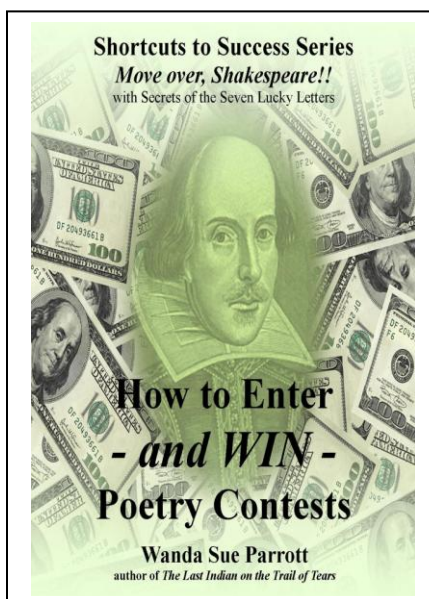
### Wanda Sue Parrott's Shortcuts to Success

#### **Move over, Shakespeare!! HOW TO ENTER—&WIN—POETRY CONTESTS**

*(with the Secret of the Seven Lucky Letters)*

Excerpts from this guidebook, by the co-founder and sponsor of the National Annual Senior Poets Laureate Poetry Competition, contain all the tips you need to start writing and selling award-winning poems for fun, publication and profit. \$15. Discounts for group orders. Available from

<http://www.greatspiritpublishing.yolasite.com/book-store.php>



### THREE-LINE POEMS THAT CAN BE MONEymAKERS

I have spent more than twenty years running poetry contests, and swear it's true that good haiku—which are quite popular—are hard to find! In fact, what Americans call haiku are usually senryu poems—or simply one long sentence broken up into three lines. That's because haiku and senryu are look-alike poems.

Don't be fooled. Each line should stand alone, yet wrap to the next. Easy? Nah, but once mastered, you'll win. The basic structure for haiku and senryu forms is three lines; *haiku deals with nature and the nature of being; senryu deals with life, the foibles of humanity.*

Use no title. Use no capitalization except for proper nouns. Use no punctuation. Use the typical line/syllable count: 5/7/5. To get the most mileage out of so few words, avoid using articles such as "a" and "an" and "the" or empty words like "so," "many," and "very," and do not repeat a word. My advice? Haiku is harder to write than senryu, so stick with senryu . . . a well-crafted senryu that brings a smile to a judge's face or tear to the reader's eye is likely to win even if it isn't really a haiku.

**THE SPL BOOK SHELF . . .****A MINI-GLANCE AT SOME SENIOR POETS' RECENT PUBLICATIONS**

As everyone knows, a major literary revolution has changed the way people read during the past two decades, as evidenced by the disappearance of book stores across the country and, concurrently, cessation by the remaining print-medium newspapers of reviewing books. It's not that people don't read, but their reading habits and means have changed. The E-Revolution is the cause of both lack of paper book reading and spending of money for the books that are being published. Yet poets continue writing and seeing their work in bound form, although many are also publishing electronically. If you have anything to report about your own new books, let us know. Here are blurbs about two of our poets laureate award winners who recently published wonderful books. If you love reading and the good old way of doing so with hand-held books you can hug, buy these books. You will help keep the spirit of the publishing muse alive, and treat yourself to some excellent reading material. *May the Muse buy with you.*

**ANNE THOMAS****2011 Golden Pen Award—Living Poet****Letters from the Ground  
to the Heart**

Anne, an American English teacher living in Sendai when the tsunami struck 3/11/11, documented the disaster and spirit of its victims in letters bound into this memorial volume; its proceeds benefit victims. Anne lost her home, but stayed and helps those still struggling.

**\$25 from [www.lettersfromthegroundtotheheart.com/](http://www.lettersfromthegroundtotheheart.com/)**

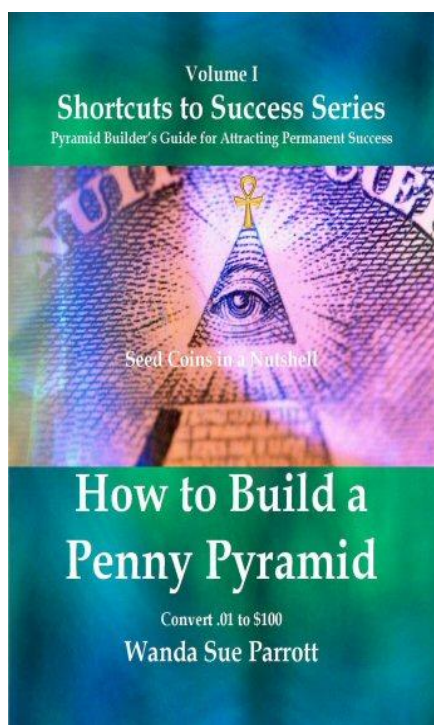
**HERBERT SIEGEL****2009 New York Senior Poet Laureate*****Life through My Glasses******(Collected Poems 1950-2011)***

This is Herb Siegel's fourth book of poetry. It won the Gold Seal Award of Literary Excellence, and was cited in *The US Review of Books* as "True to the definition of a poet laureate," an unusual kudo for a man who was CEO of several public companies and holds degrees in both business and international law. **\$20 from**

**[www.trafford.com/](http://www.trafford.com/) and <http://www.herbsiegel.org/>**

**Wanda Sue Parrott's Shortcuts to Success*****Seed Coins in a Nutshell-- HOW TO BUILD A PENNY PYRAMID***

Details from this guidebook, by the co-founder of the Senior Poets Laureate and White Buffalo Native American Poet Laureate contests, give insight into all the riskfree, easy, legal guidance you need to plant one-cent seed coins and reap \$100 cash yields. Based on John D. Rockefeller's money multiplication system, the Penny Pyramid is a great way to raise cash for writing contest fees! \$12 thru 6/30/12; \$15 after 7/1/12. Available from **<http://www.greatspiritpublishing.yolasite.com/book-store.php>**

**WHEN THE STUDENT IS READY****THE MASTER/MUSE/TEACHER WILL APPEAR**

I close messages with *May the Muse be with you*. Why? Here is a glimpse of how the Muse was with me. May you be as, or more, blessed.

One night in 1980, a little old man in a three-piece suit appeared while I was meditating in a bubble bath. As if he had attuned with my thoughts, he said. . . "Young woman, I will provide you with a money pyramid formula that can change the life of every person who uses it. But in exchange for this information, you must promise that you will experiment with it until you believe it, and understand it, and then you will share it with others."

My own eyes were closed as he impressed the simple formula upon my mind after I agreed to his terms. . . . The information was transmitted instantly, the way data are downloaded today on computers. . . I listened carefully to this old sage, who was dressed like a businessman in a white shirt, necktie, suit and vest. . . While watching a broadcast on public television about the Rockefeller family in 2005, I recognized my money mentor as John D. Rockefeller. . . The penny he taught me to plant in 1980 is still growing. This newsletter, our SPL and White Buffalo contests, and this book, are proof the system works wonders!. *May the Muse also bless you!*

Continue to Page 4



## 2012 SENIOR POETS LAUREATE POETRY COMPETITION

**PUBLISHED and UNPUBLISHED Poems okay -- NO LIMIT to number of ENTRIES you may submit**

A literary contest open to all American poets age 50 and older who are U.S. Citizens regardless of where they live or are staying around the world, the 2012 SPL Contest is privately sponsored by WANDA SUE PARROTT, original co-founder of the competition and current administrator of the 2012 event. Judges will include former Senior Poets Laureate and honorary chiefs of the White Buffalo Tribe, sponsor of the Native American Poet Laureate Contest. Entries accepted from Jan. 1 to June 30, 2012.

**AWARDS:** State/Regional Senior Poets Laureate (Certificates & entry in final rounds for national award); National Senior Poet Laureate (Best Overall Poem: \$500 and Certificate) and Runner-Up: (\$100 and Certificate); Honor Scrolls (Certificates for entries that pass preliminary rounds but don't advance to the final rounds.)

**ENTRY FEES:** \$5 for first poem; \$3 for second and all subsequent poems—40-lines maximum per entry (Do not include extra fee for duplicate copies of each submission.) **POSTMARK DEADLINE:** 6/30/12.

**RULES:** There is only one category: POET'S CHOICE. Any form, subject and style is allowed, but an entry can't exceed 40 lines plus title. Each entry must have a title, unless haiku or senryu. Single spaced; legible type, 12 pt. size, black ink. No illustrations, fancy paper or handwritten poems, please. Electronic and Hard-Copy Submissions OK. Must follow all rules to qualify.

**HOW TO ENTER ELECTRONIC SUBMISSIONS--**Electronic submissions should be sent to: amykitchenerfdn@hotmail.com

We suggest you send yourself a copy in order to keep an entry record. No submissions will be returned. Send only one poem per e-mail entry. In the Subject Line state "2012 SPL (and your last name)" and in the upper left corner: **Your Name; Your Pen Name, if applicable; E-mail address.** Drop down 2 spaces and add **TITLE IN CAPITALS; The poem, single-spaced.**

Also include one electronic cover sheet by following the HOW TO SUBMIT COVER SHEET instructions below. Please state in the subject line: 2012 SPL BIO and your full name.

*Your poem might be published in GOLDEN WORDS 2012 anthology to be produced by Great Spirit Publishing (Barbara Callahan Quin, Editor) unless these words appear above the title or first line of the poem: DO NOT PUBLISH. You must own the Copyright to all submissions. Entry automatically means you grant one-time permission for publication both online and in print books and correlated publicity regarding same, with the exception as stated above. You retain all rights. Your entry will be acknowledged electronically and activated upon receipt of your entry fee per the instructions below*

**HOW TO ENTER HARD-COPY (PAPER) SUBMISSIONS--**Submit two hard copies of each poem. Keep originals, as copies will not be returned. In Upper Right Margin of one copy: Name, Address, Phone and E-mail; other copy remains blank. All winning entries might be published in GOLDEN WORDS 2012 anthology unless these words appear above the title or first line of the poem: DO NOT PUBLISH. You must own the Copyright to all work(s) which you submit; submission automatically means you grant one-time permission for online and print publication of such work(s) and correlated publicity regarding same, with the exception as stated above. You retain all rights. Entries must be single-spaced on plain 8-1/2 inch x 11 inch paper. Margins should be standard 1 inch all around in order to allow judges space in which to write comments. Include a Cover Sheet with your entries.

**HOW TO SUBMIT COVER SHEET--**(One page, not one page per poem, should include): A. Number of Poems Submitted: \_\_\_\_\_. B. Are you a U. S. Citizen? \_\_\_Yes \_\_\_No. C. Personal information: I. Your LEGAL NAME. II. Your PEN NAME (by which you wish to be identified). III. Your current RESIDENTIAL and E-MAIL address IV. Your DATE OF BIRTH (month, day and year). Entries lacking this data will be disqualified. V. Your GENDER. Entries lacking this data will be disqualified. VI. Current OCCUPATION if employed, or primary work before retirement retired. Indicate employment status. VII. Anything else, such as children, grandchildren, hobbies, awards, publications.

*Please do not send books or magazines; however, feel free to send a photo of yourself. Do not send your only copy, since photos may not be returned. If you win, we might use it in the newsletter and anthology.*

### HOW TO SUBMIT YOUR ENTRY FEE

Make your check payable to: SP

Enclose two #10 Self-Addressed Stamped Envelopes with 1 ounce postage each (one addressed to yourself and the other blank)

Send via snail by or before 6/30/12 mail to:

**SENIOR POETS**  
c/o Wanda Sue Parrott, Administrator  
P O Box 1821  
Monterey, CA 93942-1821 USA

**Winners will be notified by 8/31/12 and a list of winners will appear in the September edition of THE DIPLOEMAT News Letter that will be sent to every entrant.**

This is the first edition

I have ever put into a PDF

Format...

all errors are mine...

Please

Write your

Criticism

in this box

and send

to Wanda Sue Parrott at

[amykitchenerfdn@hotmail.com](mailto:amykitchenerfdn@hotmail.com)